



# National Nutrition Month

## March 2016

### *Savor the Flavor of Eating Right*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>28</b>	<b>29</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	Poster 1 SMH (Mexican) Poster 2 DAHLC (Italian) Poster 3 Harwick (Moroccan) Poster 4 RMH (Thai)	Mayoral Proclamation for NNM & RDN Day @ 9:30 am Government Center- Atrium		<b>"Mexican Themed"</b> <b>Food Demo @ SMH</b> <b>11am-12pm</b>	Poster Takedown/Transfer	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	Poster 1 Harwick (Mexican) <b>Poster 2 RMH (Italian)</b> Poster 3 SMH (Moroccan) Poster 4 DAHLC(Thai)		<b>NATIONAL RDN &amp; DTR DAY</b>	<b>"Italian Themed"</b> <b>Food Demo @ RMH</b> <b>11am-1pm</b>	Poster Takedown/Transfer	<b>Hy-Vee NNM Family &amp; Kids Event (Crossroads)</b> <b>11am-3pm</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	Poster 1 RMH (Mexican) Poster 2 Harwick (Italian) <b>Poster 3 DAHLC (Moroccan)</b> Poster 4 SMH (Thai)			<b>"Moroccan Themed"</b> <b>Food Demo @ DAHLC</b> <b>11am-1pm</b>	Poster Takedown/Transfer	<b>Hy-Vee NNM Family &amp; Kids Event (Barlow Plaza)</b> <b>11am-3pm</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	Poster 1 DAHLC (Mexican) Poster 2 SMH (Italian) Poster 3 RMH (Moroccan) Poster 4 Harwick (Thai)				Poster Takedown	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		

\*\* Table tents will be in employee cafeterias March 1<sup>st</sup>-31<sup>st</sup>

\*\* E-Messages will be displayed in employee cafeterias March 1<sup>st</sup>-31<sup>st</sup>