

# DAHLC Private Instruction Offerings - May-Aug 2017

Monday			Tuesday			Wednesday			Thursday			Friday	Saturday	Sunday	
			AT 9-1pm									Yoga 9:00-10:00am <small>Relaxation Suite</small>	Pilates 9:15-10:15am		
AT 11:30am- 4:00pm															
			All Private Alexander Technique Sessions will be located in the Relaxation Suite. All Private Pilates Sessions will be located in the Reformer Studio. All Private Yoga Sessions will either be in the Relaxation Suite or Mind/Body Studio. To register, call the front desk at 507-266-4688									<b>Private Alexander Technique Instruction</b> Instructor: Laurel			
												<b>Private Pilates Instruction</b> Instructors: Torri/Marcy/Beth/Lori			
												<b>Private Yoga Instruction</b> Instructor: Stephanie			
			<b>Fees:</b> 30 minutes     \$25 60 minutes     \$50												